

salad. Then I always crave something sweet, so I'll have some chocolate. In the evenings I'll have fish with vegetables and wild rice or sweet potatoes. I do snack if I'm at home, but when I'm on set I have certain times to eat, so I'll cram as much into my body as I possibly can. It's the worst thing when you're filming if you're hungry – when people's stomachs are rumbling you can hear it on tape. Honestly, it happens a lot and we have to get fed biscuits.

Most people wouldn't imagine girls from *Hollyoaks* ever eating biscuits...

It's not like that. From the outside, people think being on *Hollyoaks* is all about how you look, but from the inside, you'd be surprised how normal-looking most of the girls are. We've got girls of all different sizes, which is good.

Do you think you'll ever succumb to the surgeon's knife?

It's not something I want, but ask me again when I'm 60. I think we should encourage people to love who they are, but if they feel they need to change something, I can't judge them.

But pressure to look a certain way must be immense on a show like *Hollyoaks*...

I think a lot of people feel pressure because we're in the public eye, yes. But equally, we're actors not models. I understand with models, but if I go to an audition and I act my socks off and I don't get the part because they want someone who is a D cup and I'm a B cup, then, well, it's not about the acting, is it?

Do you ever comfort eat?

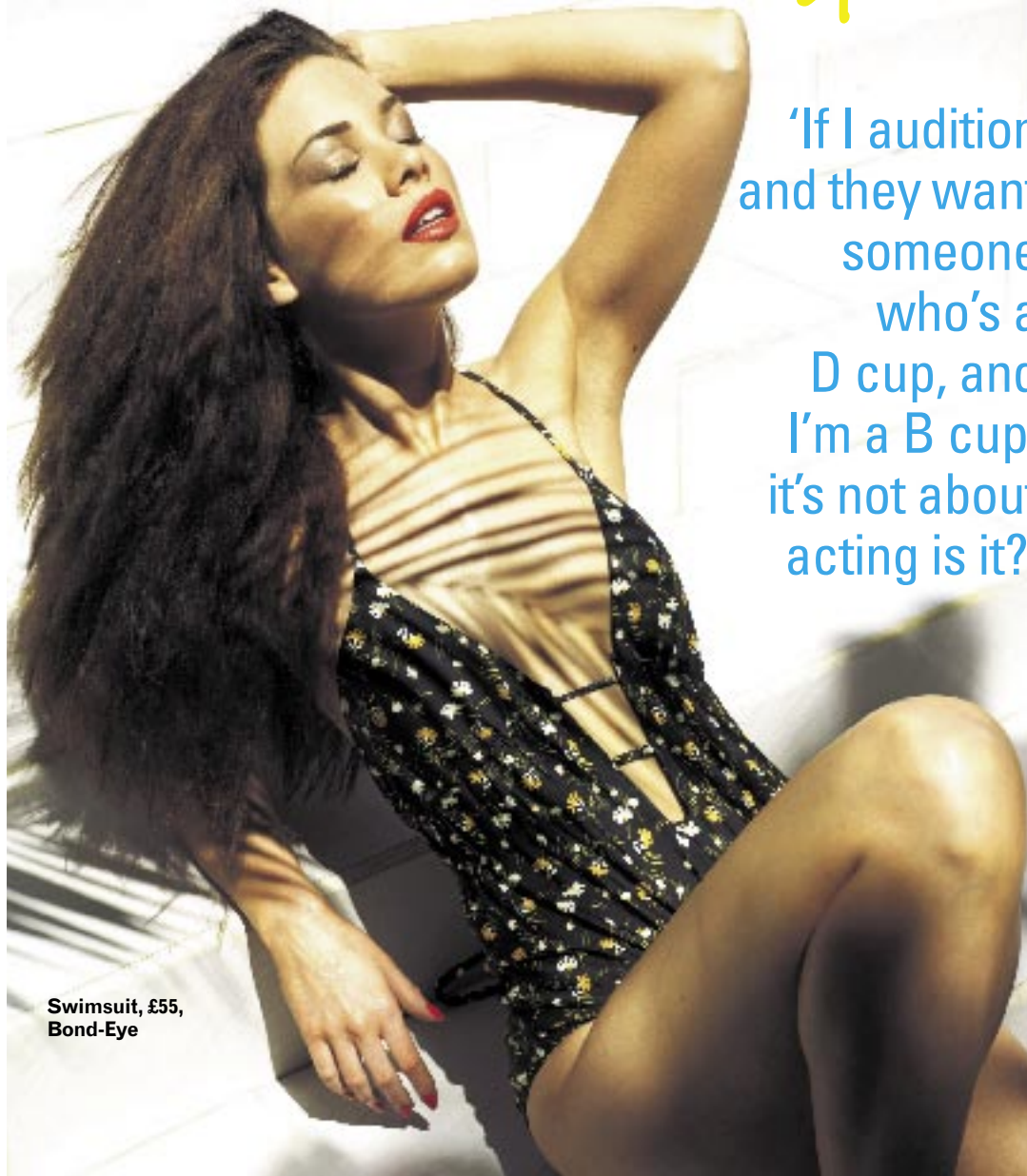
I eat when I'm bored. If I'm at home, sat around, I start eating something, then I can't stop until it's all gone. I don't have very good self-control. I really love crisps. I could eat a big bag of Kettle Chips all in one go.

Do you ever do any faddy diets?

God, no. I don't detox – your liver detoxes your body naturally, so I don't understand the idea of detox, and I've never done faddy diets. I wouldn't be happy doing them.

Are you a fitness freak?

I like exercise that isn't necessarily formal exercise – the gym is boring. When I go to the beach I'll go surfing. I started two years ago and I wouldn't say I'm good, but I do love it, it's really good exercise. I walk my dog Alfie a lot too – he's only a puppy and I run after him all the time. I'm a really busy person, I don't do much sitting around. If I sat around I'd put on weight, definitely.



Swimsuit, £55, Bond-Eye

'If I audition and they want someone who's a D cup, and I'm a B cup, it's not about acting is it?'

LIFE ACCORDING TO ROXIE

You've been dating club owner Gary Sewell for two years.

Does the attention you get from other men bother him?

He never really says much about it, to be honest. He's OK with all the attention, he's not the jealous type.

Do you get chatted up a lot?

I get a lot of people *chatting* to me, but if they're chatting me up I haven't actually realised.

You must get some filthy fan mail.

Somebody did send fan mail to my house once, which was a bit scary, but I haven't had anything too saucy. The *Hollyoaks* boys get sent knickers all the time. I haven't had any marriage proposals yet – I'm alright without them, thanks.

Your *Hollyoaks* character Louise has turned into a wrong 'un. That must be fun to play...

Louise is going to go very bad soon, even more than she already is. I much prefer being

evil. If I'm angry, I can get it all out of my system on-set and get away with behaving in a way I'd never be able to get away with in real life.

Rumour has it you're quitting the show...

Well, I don't think I'll be there when I'm an old lady, but I'm contracted for a while yet. I'm still enjoying it. I will leave at some stage, though – my family and my home is in London.

Don't you worry that having done lad mags and being a '*Hollyoaks* girl' will stop you getting good parts when you do leave?

I just try to think positive. I want to do a period drama – I'd love to be in a bonnet and a big flouncy dress – and I'd like to do a play, because I've never done one before. And a film.

You have a degree in politics. Are people surprised when they hear that?

People are always a bit shocked. It's a weird concept to them that someone from *Hollyoaks* would have a degree. But I'd wanted to act since I was about eight, ever since I saw *LA Law*.

I remember thinking I'd become a lawyer, but then I thought if I acted, I could be a lawyer on the TV instead, which would be much more fun.

What do your uni mates make of the fact you're in *Hollyoaks*?

They think it's funny. We used to sit there watching it on a Sunday morning, so it's very odd that I'm in it now. A lot of them work for insurance firms and things like that, so it's a bit different. It probably seems a bit trivial, but, hey ho, I'm loving it.

Hollyoaks, C4, weeknights, 6.30pm

- * Roxanne stayed at the HOTEL LA VENTANA in Ibiza Town. Rooms start from 100 Euros per night: www.navilaibiza@yahoo.es, tel 00 34 971 39 05 73
- * International Villas offer the most desirable villas in Ibiza, together with a complimentary concierge service: www.internationalvillas.net/00441799516971/info@internationalvillas.net
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Above: With on-screen boyfriend Warren (Jamie Lomas). Right: With real-life beau, Gary Sewell

Words: Lara Kilner. Fashion: Charlotte Adsett, assisted by Carly Stevens. Photography: Vincent Doiman. Hair and make-up: Luella using MAC Pro and Sebastian Haircare. Pictures: Retna Celebs. With thanks to 365-productions.com